

The Ridgway Times

Isabelle Ridgway Care Center ~ 1520 Hawthorne Avenue ~ Columbus, OH 43203 ~ (614) 252-4931

Founder's Day Celebration *Celebrating 96 Years of Care*

Hear the Shawn "Thunder" Wallace Trio at the Founder's Day celebration at Isabelle Ridgway Care Center on the Near East Side.

The 96th anniversary event will be held from 4 to 5:30 p.m. on Sunday, September 14, 2008, at the Center, 1520 Hawthorne Avenue.

The performance is free, but is intended to create awareness about the Center, its dynamic founder and the endowment fund that will ensure its service to the black community.

"This year's goal is to raise \$96,000 with the One in a Thousand campaign," said Patricia B. Mullins, President and Chief Executive Officer. The plan calls for supporters to donate \$96, a dollar for each year that the Isabelle Ridgway Care Center has served the aging population in central Ohio.

The 100-bed center is the outgrowth of the Old Folks Home, which was incorporated on March 30, 1916.



Isabelle Ridgway Care Center is certified to provide Medicare and Medicaid services. About 97 percent of the Center's residents are on Medicaid.

For details or to R.S.V.P, contact Guy S. Schley, Director of Development, at (614) 252-4931, ext. 138, or visit the web site www.isabelleridgway.com.

Celebrating September 2008

Lifelong Learning Month

Healthy Aging Month

*Enthusiasm Week
September 1-7*

*Labor Day
United States and Canada
September 1*

*Grandparents Day
September 7*

*911 Day
September 11*

*Healthcare Housekeeping &
Environmental Services Week
September 14-20*

*National Adult Day Services
Week
September 21-27*

*National Rehabilitation
Awareness Week
September 21-27*

*Women's Health & Fitness Day
September 24*

*Family Health & Fitness Day
September 27*

It Took a Lot of Work to Write this Resume...(pun intended!)

According to the U.S. Department of Labor, the average American will have three to five careers, 10 to 12 jobs, and will hold each job for an average of 3.5 years throughout his or her lifetime. In celebration of Labor Day, enjoy the following funny job history:

My first job was working in an orange juice factory, but I got canned. I just couldn't concentrate. Then I worked in the woods as a lumberjack, but I just couldn't hack it, so they gave me the axe. After that, I tried to be a tailor, but I just wasn't suited for it - mainly because it was a so-so job. Next, I tried working in a muffler factory, but that was exhausting. I worked as a pilot, but eventually I got grounded for taking off too much. Then I tried teaching, but I couldn't make the grade. I spent a few years as a psychiatrist, but everyone's problems drove me crazy. I wanted to be a barber, but I just couldn't cut it. Then I tried to be a chef - figured it would add a little spice to my life, but I just didn't have the thyme. I was a pretty good eye doctor, but I could not stay focused on the job. I worked a long time as a doctor. I gave it my best shot, but I didn't have enough patients. Next was a job in a shoe factory, but it never touched my sole. I attempted to be a deli worker, but any way I sliced it, I couldn't cut the mustard. My best job was being a musician, but eventually I found I wasn't noteworthy. The Energizer Battery Company hired me, but then they expected me to keep going, and going, and going... I became a professional fisherman, but I discovered that I couldn't live on my net income. Thought about becoming a witch, so I tried that for a spell. I tried to be an accountant, but I just couldn't figure it out. I managed to get a good job working for a pool maintenance company, but the work was just too draining. I got a job at a zoo feeding giraffes, but I was fired because I wasn't up to it. So then I got a job in a work-out-center, but they said I wasn't fit for the job. Of course, I tried being a secretary, but it turned out not to be my type of work. My years as an exterminator were pretty good, but I got tired of the rat race. Next, I found being an electrician interesting, but the work was shocking, even though it kind of turned me on. I was a gardener for a while, but I didn't grow with the job, even though I was raking in the money. My career as a comedian was a stand-up success, but the critics thought I was a big joke. After many years of trying to find steady work, I finally got a job as a historian until I realized there was no future in it. My last job was working at Starbucks, but I had to quit because it was always the same old grind.

You got any ideas? I'm open for suggestions ... maybe you have something that WORKS ... 'cause I don't!

Inventory Procedure

When CLOTHING or other ITEMS OF VALUE are brought in for one of our residents, they must go to the Program Services Department FIRST so the items can be LABELED and INVENTORIED. The Program Services Department will accept items 7 days a week, from 8:30am—5:00pm. Please do not give items to nurses or leave the items in the resident's room. Give the items directly to either an employee in the Program Services Department or to the receptionist.

If this procedure is not followed, clothing and other items of value have a greater chance of becoming misplaced and lost. Please help us decrease the chance of this happening by adhering to this policy. Thank you!

A Day of Rest to Honor Labor

For over 100 years, Labor Day has been celebrated on September 1 in the U.S. and Canada. The holiday, which commemorates the social and economic contributions of workers, is also recognized in several other countries around the world on May 1. Its origins in Canada and the U.S. began around the same time, in the late 1800s, though history is unclear about where the idea was “officially” born. But in both countries it was the end of the 19th century, and many people worked long hours in industrial jobs for low pay.

In Canada before 1872, labor unions were illegal, and workers had no way to stand up for their rights and demand better working conditions. Workers in Ottawa and Toronto came together that year and marched to Prime Minister John A. Macdonald’s home to protest the labor union ban. Later that year, the Canadian Parliament repealed the laws against union membership. Canada celebrated Labor Day yearly after that, and in 1894, the day was declared a national holiday.

Meanwhile in the U.S., the idea for a day to recognize union workers was percolating. Many historical accounts attribute the suggestion to Peter J. McGuire, a carpenter and union leader, while others give the credit to Matthew Maguire, also a worker and later a union leader. Still others insist that the day was the creation of an American union, the Knights of Labor. Like its neighbor, the U.S. celebrated its first Labor Day with a parade – on September 5, 1882, in New York City – and the day was declared a national holiday in 1894.

In some places, Labor Day remains a time for parades and political speeches, but many people observe it simply as a day of rest from their working lives.



Sources: U.S. Department of Labor

Labor Day Thoughts

There you sit on your lawn
My happy, sleepy neighbor;
Aren't you glad on Labor Day
There isn't any labor?
~ Shel Silverstein

Opportunity is missed by most
people because it is dressed in
overalls and looks like work.
~ Thomas Edison

Are You What You Eat?

A study conducted by Alan Hirsch, neurological director of the Smell & Taste Treatment and Research Foundation, Chicago, found that your favorite snack food can tell something about your personality and, also, help determine which careers suit you best. More than 18,000 adults (across thirty-five occupations) were surveyed to determine the correlation between their personality, occupation, and favorite snack food. Here’s what they found:

Potato Chip Lovers are ambitious and competitive with high expectations. (CEOs, lawyers, and tennis pros crave them.) ~ **Pretzel Lovers** are lively, energetic, and easily bored. (Firefighter, journalist, flight attendant, veterinarian, or pediatrician) ~ **Tortilla Chip Lovers** are perfectionists and humanitarians. (Farmer, travel agent, chef, clergy, or news anchor) ~ **Cheese Curls Lovers** are formal, always proper, conscientious, and principled people. (Psychiatrist, social worker) ~ **Popcorn Lovers** are best described as take-charge sort of people. (Teacher, artist, truck driver, nurse, judge, neurosurgeon) ~ **Nut Lovers** tend to be easygoing, empathic, and understanding. (Plumber, architect, sanitation worker, cardiologist) ~ **Snack Cracker Lovers** are contemplative and base decisions on logic rather than emotions. (Stockbroker, accountant) ~ **Meat Snack Lovers** are gregarious and social. (Entertainer, bartender)

While the snack foods you eat might provide some insight into the type of person you are or the job you have, it’s always subject to change. To quote a catchy food slogan, “Sometimes you feel like a nut, sometimes you don’t.”

Isabelle Ridgway Care Center's Directory
General Number: (614) 252-4931

IRCC's
MISSION

*Isabelle Ridgway
 Care Center's
 mission
 is to provide
 warm,
 compassionate,
 culturally
 appropriate
 and
 family-friendly
 care to the
 aging population
 of
 Central Ohio.*



Visit us at:
www.isabelleridgway.com

<u>Title</u>	<u>Name</u>	<u>Extension</u>
President/CEO	Patricia Mullins	126
Administrator	Alanna Morgan	130
Executive Assistant	Frankie Otis	112
Receptionist	Anika Burgess	110
<u>Department Directors</u>		
<u>(listed alphabetically by department)</u>		
Admissions	Arica Brenner	165
Adult Day Care/Outreach		119
Chaplain/Development	Guy Schley	138
Dining Services	Belinda Mosley	140
Finance	John Atala	118
Housekeeping/Laundry	Wanda Isbell-Hardy	157
Human Resources	Matilda Woods	125
Maintenance	Terry Hill	137
Nurse Practitioner	Tamera Johnson-Roy	281
Nursing	Cheryl King	120
Nursing, Assistant Dir.	Lynette Baker	158
Program Services	Kristin Tridico	128
Program Services Asst. Dir.	Diana King	117
Social Services Director	Loyce Scott	150
Social Services	Michelle Ray	151
Therapy	Debbie Scott	155
<u>Nursing Stations</u>		
2nd Floor (All Units)	Charge Nurse	122
3rd Floor (All Units)	Charge Nurse	133

An Invitation to All: Miracle Healthcare is hosting its 5th Anniversary Celebration on September 27 from 12:00-6:00pm at the Whitehall Parks and Recreation Center. Festivities will include a picnic, bingo, games, prizes, health seminars, and a jazz DJ. If you would like to attend this FREE event or for more information, contact Lois Ogbechie at (614) 487-8325.

We would like to send a warm thank you to Union Grove Baptist Church Ladies Usher Board who hosted a Purse Auction at IRCC on August 23. The purses they brought were beautiful, the refreshments were tasty, and everyone who came had a fabulous time. In addition, they raised \$137.00 from the auction and donated all the proceeds to Isabelle Ridgway.

